

Equipment Required For Estate Days	Check-List (I have this)	I Need To Borrow This	Size needed
Walking boots or wellingtons (with a good tread)			
Walking socks or thick socks			
Jacket (windproof and waterproof)			
Walking trousers (NOT jeans)			
Waterproof over-trousers			
Muiltple warm base-layers (thermal tops & fleeces are ideal)			
Warm hat			
Buff or scarf			
Gloves			
Spare warm clothes including shoes and socks to change into			
Small rucksack			
Waterbottle			
Flask with hot drink (optional)			
Packed lunch/ snacks			
Any medication required			
Binoculars (optional)			